Delaware Water Gap

National Park Service
U.S. Department of the Interior

Delaware Water Gap National Recreation Area





McDade Trail is a 32-mile planned recreational trail along the Pennsylvania side of the park. The trail passes views of the river, cliffs, forested areas and farm fields. Terrain varies from rugged foot trail to wide paths. Trailheads provide access every one to five miles. The trail is open to hiking, biking, cross-country skiing, and restricted pet-walking. No motorized vehicles are permitted.

Suggested Hikes and Rides

Milford Beach to Pittman Orchard

A mostly flat hike with views of Raymondskill Cliff rising up from the valley floor. The cliffs were once the scene of film westerns. (2.3 miles one way; flat with some rolls and one steep hill at the north end).

Smithfield Beach to Turn Farm

This stretch runs through farmed sections close to historic River Road. Turn Farm Trailhead is on River Road at the end of a spur to the left. (3.2 miles one way to Turn Farm; level, easy). There are outdoor exhibit panels at Smithfield Beach and Turn Farm. Do not bike on River Road!

Bushkill Village to Headquarters

This interesting section climbs an old remote roadway, then rolls past barns, houses, and a fen. (One way 2.2 miles; steep to rolling, moderate).

Bushkill Village to White Pines

A flat hike or ride of up to 16.1 miles one way through farm fields, with river views at Jerry Lees and Eshback. Food store (but no trail parking) at Dingmans Campground. (One way 5.9 miles from Bushkill to Eshback; 8.1 miles from Eshback to Dingmans Campground; 2.1 miles from Dingmans to White Pines; level, easy).

Rules of the Road

Bike Safe. Hike Safe.

- Speed limit 15 m.p.h
- Bikers must yield to hikers
- Some sections of the trail are not complete;.
 Observe directional and warning signs.

Pets

- Pets must be on a 6-foot leash.
- Pets are not permitted from a point 1/4 mile north of the boat launch at the north end of Smithfield Beach to the first footbridge south of the canoe launch at the south end of Smithfield Beach from June 1 to Sept. 8 yearly. The rest of the year, pets may pass through Smithfield Beach.

800 543-4295

24-hour toll free number to report crimes or emergencies in Delaware Water Gap National Recreation Area.

Seasonal Restrictions

- The trail between Pittman Orchard and White Pines Trailhead is closed from spring until mid-August for resource protection; most of this section allows hiking only year-round. Please observe restrictions posted on bulletin boards at these trailheads.
- River Road may close after snowfalls or heavy rain and windstorms.

Fees

There is no fee to use the trail.

- Milford and Smithfield Beaches, and Bushkill Access require a fee in season to park. All other trailheads are free. Some access points do not have trail parking.
- Persons on the trail who stop and use the beaches must pay a \$1.00 walk-in fee.

GPS Coordinates	McDade Milepost	McDade Trailheadsand Access Points	(3)
41.310033 -74.797583	31.0	Milford Beach (Rt. 209) picnic benches, water and restrooms in season, fee to use beach	Rt. 209
41.29045 -74.831467	28.7	Pittman Orchard (Rt. 209) Hikers only from Pittman to White Pines; this this section also closed February to August for resource management	McDade Trail is closed between White Pines and Conashaugh from February to August.
41.263367 -74.8479	26.0	Conashaugh (Rt. 209 north of detour)	Rt. 209 is closed between White Pines and Conashaugh. Follow detour signs.
41.24215 -74.8636	24.5	White Pines (Rt. 209 south of detour) Hikers only from White Pines to Pittman; this section also closed February to August for resource management	Follow detour signs.
41.21135 -74.873583	22.4	Dingmans Campground (Rt. 209) restrooms, store (food, drinks), fee to camp, no trail parking	Rt. 209
41.20265 -74.880267	21.4	Schneider Farm Trailhead (Rt. 209) 0.4 mile spur to trail; .15 of spur is dirt	
41.156133 -74 .908117	16.1	Jerry Lees (Rt. 209)	
41.137967 -74 .927033	14.3	Eshback (Rt. 209) restrooms in season	P
41.125367 -74.9527	12.5	Egypt Mills (Rt. 209)	
41.119167 -74.96735	11.3	Valley View Group Campsites (Rt. 209) camping by permit and fee only, water in season, no trail parking	les 3 miles
41.106717 -74 .98435	10.1	Bushkill Access (Rt. 209) restrooms in season, fee to park in season	Sinch = about 2 miles
41.090183 -75.003700	8.4	Bushkill Village (Rt. 209) restrooms & information in season, no trail bridge across Bushkill Creek	1 Jinch
41.070583 -75.017333	6.6	Park Headquarters (River Road) water, restrooms and information weekdays except holiday, no trail parking, 0.25 miles under construction south of HQ	B Some Freeman
41.067283 -75.013600	5.9	Owens (Freeman Tract Road)	Position
41.057483 -75 022867	5.2	Turn Farm Trailhead (River Road) ————————————————————————————————————	P
41.049582 -75.024517	4.6	Riverview (River Road)	McDade Trail Hikers only
41.029083 -75.052533	2.0	Smithfield Beach (River Road) picnic benches, water & restrooms in season, fee to use beach	Hikers only Trail parking Trail parking, fee in season
41.0189 -75.08015	0.0	Hialeah Picnic Area (River Road) picnic benches, restrooms in season EXPERIENCE YOUR AMERICA™	Trail access, but no trail parking